

Secrets vs Surprises



Keeping a Secret means not telling anyone, ever. This is not allowed, even if it's something fun.

Keeping a Surprise means staying quiet until the right time and then everyone knows.



REMEMBER

Secrets are not allowed, even if they're happy, and should be told to a trusted adult especially if they make you sad, scared, or break a body safety rule.

✗ Secret or Surprise ✓ ?

- A grandparent gave you a piece of candy and told you not to tell your parents. ✗
- You got a present for a birthday party and aren't supposed to say anything until they open it. ✓
- You're going on a trip but your parents don't want you to tell your sibling until morning. ✓
- A cousin showed you a scary movie and said you'd be in trouble and not to tell. ✗
- A friend wanted to show you their private parts in the bathroom. ✗