



Your Bodily Rights

- ✦ To be **touched on your terms** and only with your permission. You do not have to tolerate inappropriate or unwanted behavior or contact from anyone.
- ✦ **To not be teased, criticized, or gossiped** about, including your body or anything that makes you - you!
- ✦ **To privacy** when you are using the bathroom, dressing, or anytime you need some personal space.
- ✦ That everyone's **privates should stay private**, they are not to be touched, shared, or photographed.
- ✦ To be **heard, believed, and supported** if you need to talk to a trusted adult about something that feels uncomfortable or if a body safety rule has been broken.

As a valued member of society,
you have rights and protections just as any adult does. No person, no matter their age or authority, has a right to violate your right to your own body and privacy.

